









# my homecare.ie



- Domiciliary care
- Homecare
- Advanced homecare/hospital in the home
- Respite / convalescent care
- Disability care
- Palliative care
- Caring for clients with dementia or alzheimer's
- Caring for children with special needs

Affordable Rates from

€17 per hour

HSE Recognised Provider | Wholly owned Irish company



















## nomecare.ie

### Companionship services

- Conversation / reading / games
- · Reminiscence activities
- Planning daily activities
- · Prepare light snacks
- Medication / appointment reminders
- Sorting mail and bills
- Assist with clothing selection
- General grooming
- Escort clients for walks / appointments / activities
- Check food/shopping requirements

#### Homecare services

- Light housekeeping / laundry
- Meal planning / preparation / nutrition
- Shopping
- Collect prescriptions / run errands
- Personal care / mobility
- Assist with getting up and preparation for bed
- Feeding / bathing / showering
- Assist with exercising and walking

- Monitor client health / mental state
- Assisted living
- Convalescent / rehabilitation care
- Respite care
- Palliative care
- Alzheimer's and dementia care
- · Live in care

#### Advanced homecare services

- High dependency care
- Assist with continence care and toileting
- · Transferring and positioning with hoist
- Tracheostomy care and monitoring
- IV therapy
- Dressings and wound management
- Diabetes care
- Monitoring patient's progress / statistics
- Pressure area care
- Catheter care
- Nutritional care
- Chiropody care / Podiatry
- Paediatric care

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